

# Whitley County Food Service

## Annual School Nutrition Vending Machine Assessment Report 2022-2023

To qualify as a Smart Snack, a snack or entrée must first meet the general nutrition standards:

Be a grain product that contains 50 percent or more whole grains by weight (have a whole grain as the first ingredient); or

Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or

Be a combination food that contains at least ¼ cup of fruit and/or vegetable; and

The food must meet the nutrient standards for calories, sodium, sugar, and fats:

School Codes **060 Boston, 061 Intermediate, 062 East, 290 Oak Grove, 320 Pleasant View, 350 North, 365 Central, 430 High School, 435 Middle School**

### Part 3

#### Snacks Approved To Be Offered in Vending Machines During School Day

Vending Is at East & Boston	Product Name	First Ingredient - fruit, vegetable, dairy, protein food, whole grain	Serving Size in Grams	Serving per cont. (1)	Calorie 200 or <	Calories from Fat	35% or < Calories from fat	Fat	Sat. Fat Grams	Trans Fat	<10% Calories from Sat	200mg or < Sodium	Sugar	35% or < Calories from Sugar
060,062	<b>Cheetos Flamin' Hot Puffs</b>	<b>Grain</b>	<b>29.8</b>	<b>1</b>	<b>90</b>	<b>31.5</b>	<b>35</b>	<b>3.5</b>	<b>0</b>		0	<b>135</b>	<b>1</b>	<b>3.4</b>
060,062	<b>Cheetos Puffs</b>	<b>Grain</b>	<b>19.8</b>	<b>1</b>	<b>90</b>	<b>31.5</b>	<b>35</b>	<b>3.5</b>	<b>0.5</b>		5	<b>160</b>	<b>1</b>	<b>5.1</b>
060,062	<b>Doritos Cool Ranch</b>	<b>Grain</b>	<b>28.3</b>	<b>1</b>	<b>130</b>	<b>45</b>	<b>34.62</b>	<b>5</b>	<b>0.5</b>		3	<b>150</b>	<b>0</b>	<b>0.0</b>
060,062	<b>Doritos Nacho Cheese</b>	<b>Grain</b>	<b>28.3</b>	<b>1</b>	<b>130</b>	<b>45</b>	<b>34.62</b>	<b>5</b>	<b>0.5</b>		3	<b>200</b>	<b>0</b>	<b>0.0</b>
060,062	<b>Doritos Spicy Sweet Chili Tortilla Chips</b>	<b>Grain</b>	<b>28.3</b>	<b>1</b>	<b>140</b>	<b>45</b>	<b>32.14</b>	<b>5</b>	<b>0.5</b>		3	<b>200</b>	<b>1</b>	<b>3.5</b>
060,062	<b>Lays Baked Barbecue Potato Chips</b>	<b>Grain</b>	<b>24.8</b>	<b>1</b>	<b>110</b>	<b>27</b>	<b>24.55</b>	<b>3</b>	<b>0</b>		0	<b>140</b>	<b>3</b>	<b>12.1</b>
060,062	<b>Lays Baked Original Potato Chips</b>	<b>Grain</b>	<b>24.8</b>	<b>1</b>	<b>110</b>	<b>27</b>	<b>24.55</b>	<b>3</b>	<b>0</b>		0	<b>140</b>	<b>2</b>	<b>8.1</b>
060,062	<b>Lays Baked Sour Cream &amp; Onion Potato Chips</b>	<b>Grain</b>	<b>24.8</b>	<b>1</b>	<b>110</b>	<b>27</b>	<b>24.55</b>	<b>3</b>	<b>0</b>		0	<b>150</b>	<b>2</b>	<b>8.1</b>
060,062	<b>Ruffles Baked Sour Cream &amp; Cheddar 8oz</b>	<b>Grain</b>	<b>25</b>	<b>1</b>	<b>100</b>	<b>31.5</b>	<b>31.5</b>	<b>3.5</b>	<b>0.5</b>		5	<b>180</b>	<b>2</b>	<b>8.0</b>
060,062	<b>Vegetable Crisps Baked Good Natured</b>	<b>Grain</b>	<b>28.4</b>	<b>1</b>	<b>110</b>	<b>18</b>	<b>16.36</b>	<b>2</b>	<b>0</b>		0	<b>190</b>	<b>3</b>	<b>10.6</b>
060,062	<b>Veggie Stix, Good Health</b>	<b>Grain</b>	<b>28</b>	<b>1</b>	<b>120</b>	<b>45</b>	<b>37.5</b>	<b>5</b>	<b>0.5</b>		4	<b>200</b>	<b>0</b>	<b>0.0</b>

School **060 Boston, 061 Intermediate, 062 East, 290 Oak Grove, 320 Pleasant View,**  
 Codes **350 North, 365 Central, 430 High School, 435 Middle School**

**Drinks Offered in Vending Machines**  
**During School Day**

Allowed For:

	Product Name	Serving Size in Grams	Serving per cont.	Calorie	% Calories per fat	Fat	Sat. Fat Grams		% Calories from Sat. Fat	Sodium	Carb
430 Only	Diet 7-UP	336	1	0	0	0	0		0.00	35mg	0
430 Only	Diet Crush Orange	336	1	0	0	0	0		0.00	35mg	0
430 Only	Diet Wild Cherry	336	1	0	0	0	0		0.00	35mg	0
430 Only	Diet Dr. Pepper	336	1	0	0	0	0		0.00	35mg	0
430 Only	Diet Mt. Dew	336	1	0	0	0	0		0.00	1.44mg	0
430 Only	Diet Pepsi	336	1	0	0	0	0		0.00	1.44mg	0
350, 430	Gatorade G2 (diet)	567	2.5	20	0	0	0		0.00	110	
430 Only	Tea, Diet Green Lipton	479.12	1	0	0	0	0		0.00	52.81	
430 Only	Juice 100% Dole Apple	224	1	160	0	0	0		0.00	10mg	38g
430 Only	Juice 100% Dole Cranberry Grape	224	1	150	0	0	0		0.00	20mg	36g
430 Only	Juice 100% Dole Cranberry Juice	224	1	45	0	0	0		0.00	7mg	11g
430 Only	Juice 100% Dole Grape	224	1	100	0	0	0		0.00	15mg	25g
430 Only	Juice 100% Dole Orange	224	1	120	0	0	0		0.00	10mg	27g
430 Only	Juice 100% Dole Paradise Blend	224	1	120	0	0	0		0.00	4g	29g
430 Only	Juice 100% Dole Strawberry Kiwi	224	1	120	0	0	0		0.00	10mg	31g
430 Only	Juice 100% Ruby Red Grapefruit	224	1	190	0	0	0		0.00	20mg	47g
ALL	Water 12 oz Aquafina	340	0	0	0	0	0		0.00	0	0
430 Only	Water 16.9 oz Aquaperfect	479	1	0	0	0	0		0.00	0	0
430 Only	Water Propel - Berry, Lemon, Raspberry, Strawberry Kiwi	479	1	0	0	0	0		0.00	0	0

School **060 Boston, 061 Intermediate, 062 East, 290 Oak Grove, 320 Pleasant View,**  
 Codes **350 North, 365 Central, 430 High School, 435 Middle School**

Schools **School Stores, PTO Sales, Sport Fundraisers**

- 060 No Food Sales
- 061 No Food Sales
- 290 No Food Sales
- 350 No Food Sales
- 430 No Food Sales
- 435 No Food Sales

Product Name	First Ingredient - fruit, vegetable, dairy, protein food, whole grain	Serving Size in Grams	Serving per cont. (1)	200 or < Calorie	Calories from Fat	35% or < Calories from fat	Fat	Sat. Fat Grams	<10% Calories from Sat	200mg or < Sodium	Sugar	35% or < Calories from Sugar
62 Great Value Apple Cinn Fruit & Grain Cereal Ba	Grain	37	1	130	27	20.77	3	1	7	85	12	32.4
62 Great Value Blueberry Fruit & Grain Cereal Bar	Grain	37	1	140	27	19.29	3	0.5	3	50	12	32.4
62 Teddy Grahams Honey Nabisco	Grain	28	1	120		0	4	0	0	90	8	28.6
62 Apple & Eve 100% Juice	Fruit	200 ml	1	90		0	0	0	0	5	21	

Product	Case Pack	Prod Size	Piece Wt	200 Total Calories	Fat Calories	MAX 35.00% % Cal From Fat	Sat Fat Grams	MAX 10.00% Cal from Sat Fat	Sugar Grams	Sugar % by calorie	MAX 35.00% Sodium mg	MAX 230mg Carb Grams	
365 Reduced Fat Strawberry Crunch Bar 72730-60073, #28576 North Star	Dairy	6/24ct	2.75 fl oz	66g	160	54	33.8%	1.5	8.00%	14	21.2%	60	23
365 Reduced Fat Chocolate Crunch Bar 72730-60074, #28577 North Star	Dairy	6/24ct	2.75 fl oz	66g	140	40	28.6%	1.5	8.00%	14	21.2%	60	22
365 Fudge Bar 72730-66020, #3616	Dairy	6/24ct	2.5 fl oz	70g	100	0	0.0%	0	0.00%	16	22.9%	55	21
365 Lowfat Vanilla IC Cup Plastic 72730-60070, #24728	Dairy	3/24ct	3.0 fl oz	48g	70	9	12.9%	0.5	6.43%	11	22.9%	40	13
365 Lowfat Chocolate IC Cup Plastic 72730-60071, #24729	Dairy	3/24ct	3.0 fl oz	48g	70	9	12.9%	0.5	6.43%	10	20.8%	35	13
365 Lowfat Strawberry IC Cup Plastic 72730-60072, #24730	Dairy	3/24ct	3.0 fl oz	48g	70	9	12.9%	0.5	6.43%	11	22.9%	40	13